

Centre for Mental Health

Positioning the New Service Model



Dr. Dominic Connolly
Clinical Lead



developing
better
services



Centre For Mental Health

The Vision

- The Vision for Reform: A Case Study Example
- Surroundings that promotes recovery
- Security that provides unobtrusive protection
- Policies and facilities that minimise risk (self harm)

Centre For Mental Health The Background



11,000 people referred
to special psychiatric
services in N. Ireland

Long-standing reputation
for excellence in mental
health service provision

Charter mark awards for
key departments

Delivering psychiatric
hospital services since
1840's

Centre For Mental Health Bamford Review

People with mental health problems should be;

Valued: Full Citizenship & Equality of
Opportunity

Helped: to address the challenged faced

Supported: by a reformed/modernised service

Make a REAL and MEANINGFUL difference to life

Centre For Mental Health Sperrin Lakeland Review

Aim to offer assessment, treatment and care;

- as locally as possible
- co-ordinated approach, acute/crisis/community care
- focus on HOW to deliver not WHERE to deliver
- offer inpatient facilities for those with acute needs
- offer alternatives to hospital
- provide a therapeutic and safe environment sensitive to age, gender and cultural needs

Centre For Mental Health

The Key Principles

Person Centred, Inter-Connected Service

Coherent Path for Patients into – through – out of services

Shift of emphasis from hospital to community

Staff development and New ways of working

Centre For Mental Health Functional Components

Acute, Adult Mental Health Unit	Separate wards for males and females Psychiatric Intensive Care
Acute, Older People wards for ..	Functional mental illnesses Assessment Ward:dementia/alzheimers Long-term challenging behaviour
Challenging Behaviour Units	Separate wards for those Under 65 and those Over 65
Addiction Treatment Unit	Inpatient and Outreach Service
Psychosexual Services	Therapy Centre
Mental Health Day Hospital	Occupational Therapy (OT) Led

Centre For Mental Health Design Challenges

- Therapeutic & homely environment
- Secure, but least restrictive
- Optimise interaction between components
- Nurture a sense of community among patients/staff

